

# SHRIMATI INDIRA GANDHI COLLEGE

TIRUCHIRAPPALLI – 620 002.

(Nationally Accredited at 'A' Grade (3<sup>rd</sup>Cycle) by NAAC)

## National Service Scheme

(2021-2022)

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1. On **14.06.2021**, Our NSS Volunteer Ms.M.PrasannaNayagi, III B.Sc Information Technology of Shrimati Indira Gandhi College, Tiruchirappalli, gave a speech on the topic “**Blood Donation Awareness**”. In this programme, she shared few points about the importance of blood, and how to donate blood, healthy diets for blood donors etc. through **online mode**.



2. On **28.07.2021** the NSS units of Shrimati Indira Gandhi College, Tiruchirappalli conducted a programme on the topic ‘**Tree Plantation Day**’. In this programme, the Parent’s of our NSS Volunteers planted the saplings at **our College premises** and our NSS Programme Officers explained about the importance of trees and natural resources of our country to them.



3. On **24.09.2021** the NSS units of Shrimati Indira Gandhi College, Tiruchirappalli conducted a programme on ‘**NSS Day Celebration**’. In this programme, Dr.S.Vidhyalakshmi, Principal & Dr.R.Remma, Vice-Principal, of our College planted the saplings with tree guard at **our College premises**, along with our NSS Programme Officers and NSS Volunteers.



4. On **27.09.2021** **General Orientation programme** was organized by the NSS Units for I year (250) Volunteers. The NSS programme officers spoke about two kinds of NSS activities, Emblem and Motto of the NSS. The forth coming Regular activities and the Special Camp activities were discussed and the students were thus given motivation to carry out these activities. The Unit leaders were chosen and duties were allotted for each unit by the programme officers.



5. On **01.10.2021**, the **NSS WISH Forum of Bharathidasan University, Tiruchirappalli** organized a One Day Awareness Programme on Menstrual Hygiene Management for Adolescent girls, Tiruchirappalli. In this Programme Our NSS Programme Officer Ms.K.Padmavathy, Dept. of Tamil, and 20 NSS Volunteers also participated.



6. “**Swachhta Pakwara**” was observed by the NSS Units of Shrimati Indira Gandhi College, Trichy which organized a **Campus Cleaning** programme on **09.10.2021**. 100 NSS volunteers took the initiative and involved themselves enthusiastically in cleaning Campus, Library, Laboratory and Garden etc.



7. Tamilnadu Fire & Rescue Department, St Joseph Eye Hospital and Bharathidasan University NSS Cell conducted a **Diwali awareness programme on disaster management** on **28.10.2021** at **St. Joseph Eye Hospital, Tiruchirappalli**. 30 NSS Volunteers and our NSS

Programme Officers Ms.R.Vasanthi, Dept. of Computer Science & Ms.K.Kavitha, Dept. of Commerce , attended the programme and they got practical exposure on how to save lives during fire, earthquake, flood and various situations arising due to natural calamities (waterbodies).



8. On **30.10.2021**, the NSS Units of Shrimati Indira Gandhi College, Tiruchirappalli conducted a **Corona Vaccination Camp programme at Primary Health Centre, Teppakulam**. In this programme, our NSS Programme Officers Ms.V.Geetha, Dept.of Bank Management and Dr.S.Karmugil, Dept. of Commerce,

and 5 NSS Volunteers participated and many of the people utilized this camp and got vaccinated

9. On **19.11.2021**, the NSS Units of Shrimati Indira Gandhi College organised a programme on Law Awareness in the topic of **194<sup>th</sup> Birthday of Jansi Rani Lakshmi Bai** held at **Vidhya Seva Ratnam, MBA Auditorium, Trichy**. Law Student Ms.T.Suseela, spoke about the bravery of Jansi Rani Lakshmi Bai , and she also insisted all the students to be brave at any situation. In this programme, 5 NSS Programme Officers and 250 NSS Volunteers participated.



10. On **19.11.2021**, the NSS Units of Shrimati Indira Gandhi College organised an Oath taking programme on the occasion of the **104<sup>th</sup> Birthday of Shrimati Indira Gandhi, “The Iron Lady of India”**. In this programme our NSS Programme Officers and NSS Volunteers participated and took the oath in the **R.V. Auditorium** at our College premises.



11. On **25.11.2021**, the NSS Units of Shrimati Indira Gandhi College, Tiruchirappalli conducted a Corona Vaccination Camp programme organised with Primary Health Centre, Teppakulam at our College premises. In this programme, 50 staff members of various departments of our College and 300 Students got vaccinated.



12. On **04.12.2021**, the NSS Units of Shrimati Indira Gandhi College, Tiruchirappalli conducted a Corona Vaccination Camp programme organised with Primary Health Centre, Teppakulam at our College premises. In this programme, 20 staff members of various departments of our College and 250 Students got vaccinated.



13. On **11.12.2021**, the NSS units of Shrimati Indira Gandhi College, Tiruchirappalli and Tiruchirappalli Women's Police Station, Gandhi Market jointly organised an awareness camp on **'Women and Child Harrasment'** in R.V. Auditorium, at our College premises. In this programme 5 NSS Programme Officers & 200 NSS Volunteers participated. The chief guest gave a talk on various harrashments against women and children with examples and she also alerted the students to contact them in terms of any crisis.



14. On **15.03.2022**, Tamilnadu State Child Protection Academy jointly organized a One Day Orientation Programme for NSS Volunteers of Bharathidasan University, Tiruchirappalli on **'Life Skills and Ending Child Marriage'**. In this Programme Our NSS Programme Officer Ms.R.Vasanthi, Dept. of Computer Science, and 3 NSS Volunteers also participated.



15. On **17.03.2022**, Red Ribbon Club Cell of Bharathidasan University, Tiruchirappalli organized a RRC Programme Officers Meet & Peer Educators Training Programme at 10.00 a.m. in the University premises. In this programme Our RRC Programme Officer Dr.S.Karmugil, Dept. of Commerce, along with 2 RRC Students participated.



16. On **24.03.2022**, the NSS Cell of Bharathidasan University Tiruchirappalli organized a One Day workshop on “**Adolescent Education and HIV / AIDS Awareness**” for the female NSS Volunteers. In this Programme Our NSS Volunteers Ms.D.Karunya Ivanjalin and Ms.R.Kanmani, of II B.C.A participated.



17. On **25.03.2022**, the NSS Cell of Bharathidasan University, Tiruchirappalli organized an awareness Programme on **FIT INDIA** for NSS Volunteers. In this Programme Dr. M.Selvam, Vice-Chancellor of Bharathidasan University, Tiruchirappalli flagged off the Fit India Awareness Rally at Herbal Garden. Our NSS Programme Officer Dr.S.Karmugil, Dept. of Commerce, and 10 NSS Volunteers also participated in this programme.

18. On **29.03.2022**, the NSS Cell of Bharathidasan University, Tiruchirappalli organized a One



Day Seminar on ‘**Women Empowerment and Personal Development**’. In this Programme Our NSS Programme Officer Ms.R.Vasanthi, Dept. of Computer Science, and 13 NSS Volunteers also participated.



## RED RIBBON CLUB REPORT

On 14.06.2021, Our RRC Volunteer Ms.M PrasannaNayaki, III B.Sc Information Technology of Shri Matai Indira Gandhi College, Tiruchirappalli, gave a speech on the topic “World Blood Donation Day”. In this programme, she shared few points about the importance of blood, and how to donate blood, healthy diets for blood donors etc.through online mode.



On the occasion of the **Breast Feeding Week**, the Red Ribbon Club conducted a Drawing, Rangoli, Poetry and Slogan Writing Competition to create awareness among the RRC Volunteers, on **01.08.2021**. 50 RRC Volunteers participated in the programme.

### **The Prize Winners were:**

#### **Drawing :**

M.Ekammai II B.Com ‘D’- I Prize

S.Varsha II B.Com ‘D’ – II Prize

#### **Slogan Writing :**

S.Muthulakshmi II B.Sc M.B – I Prize

S.Baby II B.Lit Tam - II Prize

#### **Rangoli :**

J.Yuvalakshmi II B.Com ‘D’ – I Prize

G.Sivaranjani II B.Sc Chem - II Prize

#### **Poetry :**

P.Swetha II B.C.A ‘B’ – I Prize

H.Sneka II B.C.A ‘B’ – II Prize





On 01.12.2021 of Shrimati Indira Gandhi College organised an Awareness programme on the occasion of the “World AIDS Day” in the adopted villages (Singalanthapuram, Ammapatti, Ammapatti East, Kaalipatti and Pagalavaadi). 50 RRC volunteers participated and gave awareness among rural people.

On 03.02.2022, the RRC of Shrimati Indira Gandhi College conducted an awareness rally with regard to Save the girl Child (Campaign) to create awareness among rural people about educating the girl child in the adopted villages.



On 4.01.2022 the Red Ribbon Club of Shrimati Indira Gandhi College, Tiruchirappalli conducted an awareness programme on Menstrual hygiene in the adopted Villages (Singalanthapuram, Ammapatti, Ammapatti East, Kaalipatti and Pagalavaadi). 50

RRC volunteers went door to door and spoke to the people in groups to create Menstrual hygiene awareness.



## YOUTH RED CROSS

S.No	Date	Year	Activity
1.	25.11.2021	2021	Vaccination camp
2.	09.05.2022	2022	Awareness programme in commemoration on world red cross day seminar – Health in your hands

On 25.11.21 Vaccination camp was conducted at RV Auditorium. Nearly 150 students and staff members (both teaching & non teaching) got benefited through camp



An awareness programme for YRC Volunteers on 9.5.2022 in commemoration of the world Red Cross Day on the topic '**Health in Your Hands**' at Y. Venkateswara Dikshithar A/C auditorium. Dr.R.Sugumar, Naturopathy, Yoga Consultant, &Dr.Jebashinia Dolly, Sri Jeyaranga Hospital, Trichy.



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Tiruchirappalli - 620 002

## + YOUTH RED CROSS

Organizes an Awareness Programme in commemoration of

May 08, 2022

"A kind gesture can reach a wound that only compassion can heal"



# WORLD RED CROSS DAY

on

## "HEALTH IN YOUR HANDS"



**Dr. R. Sughumar** BNYS., D.Acu., M.S., (Psy),

Naturopathy & Yoga, Su-Jok, Acupuncture Consultant  
SHRI JAYARANGHA, Nature Cure Hospital & Yoga Research Center



**Dr. Jebashiniya Dolly** BNYS

Training Doctor, SHRI JAYARANGHA,  
Nature Cure Hospital & Yoga Research Center



May 09, 2022



01.45 p.m. to 02.45 p.m.



Y. Venkateswara Dikshithar  
A/C Seminar Hall

Shri Thotta P.V. Ramanujam  
President

Dr. K. Meena  
Secretary

Shri K. Chandrasekharan M.S.,  
CEO

Smt. S. Aparna M.B.A., M.Phil.,  
Director



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## HEALTH IN YOUR HANDS

